



**Sexually Transmitted Infections Foundation**  
**Course**  
○ STIF CORE  
○ STIF PLUS

**Updated and Revised Courses from the  
British Association for Sexual Health and  
HIV (BASHH)**

**STIF CORE: 16<sup>th</sup> May 2020**

**STIF PLUS: 17<sup>th</sup> May 2020**  
at

**The Catherine Mc Auley Centre, 21 Nelson  
Street, Dublin 7**

**COURSE DIRECTOR:**  
**Dr Lambert & Dr Low**

**COURSE ORGANISER:**  
**Gordana Avramovic**  
**Tel +00353 1 716 4562**  
**[gavramovic@mater.ie](mailto:gavramovic@mater.ie)**

*(on behalf of BASHH)*

*The aim of the course is to equip participants with the basic knowledge, skills and attitudes for the effective management of sexually transmitted infections (STIs) outside the GUM setting.*

*Early registration is preferable. It is recommended to attend both days although if you have attended a STIF course in the past 3 years, you can attend the STIF PLUS day to update your knowledge and skills.*

***It is highly recommended that delegates study the appropriate modules in e-Learning for Health before attending.***

*This will entail around 8-12 hours of study depending on your experience. Further information about the modules will be provided by the course organisers approximately four weeks before the course commences.*

*The outline programme is attached.*

*For further information please visit <http://www.bashh.org>*

***This is a multi-disciplinary course and applications are invited from:***

Doctors and nurses working in general practice, family planning and reproductive health, GUM, health advisers, secondary care clinicians who may encounter patients with STIs (e.g. O&G, A&E, rheumatology and ophthalmology), pharmacists, school nurses.

***Course fee (includes Breakfast, Tea break & Lunch)***

***STIF CORE €180 (early bird €160),***

***STIF-PLUS €180 (early bird €160),***

***BOTH DAYS €360 (early bird €300),***

***Early bird offer up to 3 months prior to course.***

***You can book and pay online at***

***<https://www.iddoctor.info/stif-2020>***

***Alternatively, please return the tear-off slip below,  
and send a cheque or bank draft made payable to***

***“BEWELL Management Ltd”,***

***transfer details available on request***

***ALL APPLICATIONS SHOULD BE***

***RETURNED BY 8<sup>th</sup> May 2020***

*Details of the e-learning modules and a Course Pack will be sent to you nearer the time with your receipt.*

**ICGP CPD Recognition has been applied for**

**Sexually Transmitted Infections Foundation  
Course**

**16<sup>th</sup> & 17<sup>th</sup> May 2020**

**Catherine Mc Auley Centre, 21 Nelson street, Dublin 7,  
Ireland**

Title \_\_\_\_\_

Name \_\_\_\_\_

Present Post \_\_\_\_\_

Mailing Address for your course pack:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Daytime Telephone  
contact: \_\_\_\_\_

E-mail \_\_\_\_\_

*Please indicate the days which you wish to attend:*

☐ DAY ONE (STIF CORE)

☐ DAY TWO (STIF PLUS – assumes attendance on  
a STIF Course in last 3 years)

☐ BOTH DAYS

*Any Special Needs? (Please specify)*

***Please return completed application to  
Gordana Avramovic, Catherine Mc Auley Centre, 21 Nelson  
Street, Dublin 7, Ireland  
Tel: +353 1 716 4562  
E-mail: [gavramovic@mater.ie](mailto:gavramovic@mater.ie)***

## Aim of STIF FOUNDATION course

To equip participants with the basic knowledge, skills and attitudes for the effective management of STIs. By the end of the course you should be able to:

### Knowledge

- describe the principles of STI service provision
- recognise the issues relating to confidentiality, partner notification and treatment
- demonstrate basic knowledge of the epidemiology and the factors involved in the transmission of STIs and how to prevent transmission
- demonstrate basic knowledge of STIs, their presentation, diagnosis and management
- indicate where and when to refer patients

### Skills

- demonstrate competency, and feel comfortable, in taking a sexual history
- demonstrate the skills necessary to inform patients about reducing their risk of sexual infections and risk of unplanned pregnancy
- optimise care pathways for patients through improved links with local services (GUM, Sexual Health, Contraceptive services, Psychosexual services, Microbiology, TOP services and Primary Care)

### Attitudes

- demonstrate an appreciation of the lifestyle and circumstances of others and how this may reflect in their presentation and impact on their management.
- recognise the range of human sexuality, lifestyles and culture and the impact this has on transmission/ prevention counselling
- demonstrate an understanding of how one's personal beliefs could affect the consultation

## Day 1 (STIF CORE ):

### Programme timings may change

- 08.45 Registration and coffee
- 09:00 Welcome, introduction – Sexual health provision
- 09:10 Session – Sexual History Taking and Practice
- 09.50 Session – Swabs and Tests  
Coffee
- 10.50 Session – Partner Notification; why it matters and how to signpost
- 11.35 Session – HI V Testing  
Lunch
- 14.00 Small Group Workshops
- Sexual Health Promotion, Risk reduction, Prevention
  - Genital sores
  - Vaginal discharge
  - Young People and Sexual Health

## Day 2 (STIF PLUS):

### Programme timings may change

- 09:00 Coffee and registration
- 09:00 Welcome
- 09:15 Session – HIV diagnosis – HIV in primary care
- 10.15 Session- Sexual Assault and Abuse  
Coffee
- 11.15 Session – Viral Hepatitis
- 12.00 Small Group Workshops x 2  
Lunch
- 14.00 Small Group Workshops x 2  
Tea
- 15.45 Session – STIs in Pregnancy
- 16:30 Session - Syphilis
- 17.15 Meeting with mentors
- 17.30 Close

### SMALL GROUP WORKSHOPS

- Male Dysuria, Testicular Pain and Testicular Lumps
- Conditions affecting genital skin
- Female Pelvic Pain
- Gay, bisexual and other MSM

### STIFCOMPETENCYPROGRAMME

Having attended the STIF Foundation course, you may be interested in registering for STIF Competency workplace training and assessment which provides a nationally recognised training and assessment qualification in sexual health. It is a modular competency-based training and assessment package for non-specialist and specialist healthcare professionals requiring skills development to manage people with sexually transmitted infections. Trainees successfully completing the competencies are registered on the national STIFCompetency database of accredited healthcare professionals. [www.stif.org.uk](http://www.stif.org.uk)